



Fresh Ideas Feeding Minds

Spring / Summer

Menu 2019

We hope you enjoy our Spring/Summer Menu, offering high quality, varied dishes that reflect the changing season. All of our dishes are perfected by our talented Menu Team and Development Chef and then trialled in a number of schools to gain genuine feedback from our customers – this is just one of the things that makes us truly unique!

All poultry, pork and beef we use are traceable right back to the farm and, where possible, sourced from East Anglian suppliers.

A full allergen list for this menu can be found on our website –

www.norsecatering.co.uk

Should your child have a medically-diagnosed allergy or health condition and needs an alternative menu, please complete our Allergen Aware Registration Form which can be found in the school office or on our website.

We use wholewheat flour in our bread and pastry recipes!

In addition to this menu, we offer a number of themed menus to celebrate holidays and seasonal events – please check details with your school.

Fresh Bread, Salad, Fruit, Milk Drink and Water are available daily!

If you think you may be eligible for a free school meal, visit www.schools.norfolk.gov.uk



Week One

Packed Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Cheese Wrap Carrot Batons	Ham Roll Popcorn	Tuna Sandwich Cucumber Batons	Cheese Topped Pasta Pot Popcorn	Egg Mayo Roll Cucumber Sticks
Melon Wedge Chewy Bar	Fruit Bag Cupcake	Fruit Bag Pot of Yoghurt	Fruit Bag Ice Cream Tub	Sultana Bag Summer Berry Muffin

Week One: 22 Apr / 13 May / 10 Jun / 1 Jul / 22 Jul / 16 Sept / 7 Oct

Week Two

Monday	Tuesday	Wednesday	Thursday	Friday
Cheese Wrap Carrot Batons	Ham Roll Popcorn	Tuna Sandwich Cucumber Batons	Cheese Topped Pasta Pot Popcorn	Egg Mayo Roll Cucumber Sticks
Orange Wedges Zesty Shortbread	Fruit Bag Peach Eton Mess	Fruit Bag Pot of Yoghurt	Fruit Bag Brownie Slice	Sultana Bag Oaty Bar

Week Two: 29 Apr / 20 May / 17 Jun / 8 Jul / 2 Sept / 23 Sept / 14 Oct

Week Three

Monday	Tuesday	Wednesday	Thursday	Friday
Cheese Wrap Carrot Batons	Ham Roll Popcorn	Cheese Sandwich Cucumber Batons	Tuna Mayo Pasta Pot Popcorn	Egg Mayo Roll Cucumber
Apple Wedges Flapjack	Fruit Bag Fruit Jelly	Fruit Bag Pot of Yoghurt	Fruit Bag Fruit Smoothie	Sultana Bag Lemon Cupcake

Week Three: 6 May / 3 Jun / 24 Jun / 15 Jul / 9 Sept / 30 Sept